

As we face the global health crisis of the new coronavirus outbreak, it is crucial for everyone in our community to exercise abundance of caution.

The health, safety and wellbeing of our sangha community is and will always be our top priority at USA Head Temple.

USA Head Temple humbly asks that everyone observe the guidelines outlined below:

1. Please refrain from traveling to China or any cities or areas under government travel restriction.
Please also reconsider as much as possible the timing of your travel to other areas with heavy concentration of virus outbreak including Japan, while taking into consideration the destination country's responses to this crisis.
2. If you are returning from China or any cities or areas under government travel restriction, please refrain from coming to a temple or participating in temple activities.
3. This includes home meetings and cleaning gohoshi for 14 days.
4. If you have had close contact with someone who has returned from China or any cities or areas under government travel restriction, please refrain from coming to a temple or participating in temple activities including home meetings and cleaning gohoshi for 14 days
5. Please protect yourself and others by staying home and rest if you are sick, staying away from people who are obviously sick, washing and sanitizing hands often, eating and sleeping well, and taking care of your health. Please check and follow the public health information and guidelines by CDC and WHO.

FYI, if and while you are staying home and refraining from returning to temples or participating in home meetings or other temple activities, you can endeavor the Shinnyo Path in many different ways. Here are some ideas:

- 1) Reading of Shinnyo-en publications (*Path of Oneness*, etc.)
- 2) Trying to create a ripple of harmony at your immediate surroundings
- 3) Making the most of Shinnyo-en's online resources (oyasono.online, shinnyoenua.net, shinnyoenuaht.info, etc.)

Thank you for your kind understanding and consideration for our sangha community.

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